

CERTIFICATE OF COMPLETION



This is to certify that
Tamara Shaposhnikova

has completed an online program

UNDERSTANDING AND TREATING OF PSYCHOLOGICAL TRAUMA: A PSYCHOANALYTIC APPROACH

Faculty: Judith Lewis Herman, MD; Margaret Crastnopol, PhD; Judith Alpert, PhD;
Sue Grand, PhD; Peter Shabad, PhD; Jill Salberg, PhD; Samuel Gerson, PhD;
Ghislaine Boulanger, PhD; Richard Chefetz, MD

TRAUMA AND RECOVERY. INTRODUCTORY COURSE Judith Lewis Herman, MD	12 ACADEMIC HOURS
MICRO-TRAUMA: A PSYCHOANALYTIC UNDERSTANDING OF CUMULATIVE PSYCHIC INJURY Margaret Crastnopol, PhD	8 ACADEMIC HOURS
ADULT SURVIVORS OF CHILDHOOD SEXUAL ABUSE Judith Alpert, PhD and Sue Grand, PhD	8 ACADEMIC HOURS
TRAUMA, SHAME, AND MOURNING Peter Shabad, PhD	16 ACADEMIC HOURS
TRANSGENERATIONAL TRANSMISSION OF TRAUMA Jill Salberg, PhD	12 ACADEMIC HOURS
TRAUMA AND THE FUNCTION OF WITNESSING Samuel Gerson, PhD	4 ACADEMIC HOURS
UNDERSTANDING AND TREATING ADULT ONSET TRAUMA Ghislaine Boulanger, PhD	8 ACADEMIC HOURS
INTERNALIZATION OF PERPETRATOR SELF STATES Sue Grand, PhD	4 ACADEMIC HOURS
PSYCHOANALYTIC PERSPECTIVES ON THE TREATMENT OF COMPLEX PTSD AND DISSOCIATIVE PROCESSES Richard Chefetz, MD	12 ACADEMIC HOURS

DATE • February 5 – September 20, 2024

TOTAL HOURS • 84 academic hours

JUDITH L. HERMAN, MD

Professor of Psychiatry
Harvard Medical School



KAZAKHSTAN, 2024

RICHARD CHEFETZ, MD.

Faculty member at the Washington School of Psychiatry,
the Institute of Contemporary Psychotherapy & Psychoanalysis,
and the Washington Baltimore Center for Psychoanalysis

№ 7106

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