



# CERTIFICATE OF PARTICIPATION

This is to certify that

*Tamara Shaposhnikova*

has attended an online course

**"TRAUMA AND RECOVERY"**

LECTURED BY JUDITH L. HERMAN, MD.

DATE • February 5 — March 12, 2024

DURATION • 12 academic hours

**Judith L. Herman, MD**  
Professor of Psychiatry  
Harvard Medical School

A handwritten signature in black ink, appearing to read "JLH", is written over the circular seal.



Kazakhstan, 2024

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